



# Broth Mix ◀ free café & platform for exchange

Tuesday 16th to Sunday 21st October

Intermedia Gallery @ CCA

top floor, 350 Sauchiehall St, Glasgow, G2 3JD

In October, with your help, the gallery space will be turned into a free vegetarian cafe and platform for the sharing of food, ideas, seeds and produce, run by artists and backed by the resources of community food initiatives, gardeners and allotment communities.

Soup & bread is a universal dish, simple and sustaining; sharing in eating, a universal activity. Made from locally sourced, fresh and seasonal vegetables, artists will cook soup (and more besides!) and bake bread in the gallery. The working kitchen will be fully open to the dining facilities; cooking as a kind of performance.

The vegetable ingredients will be gathered through gardeners' donations. The meals will be initiated and formed by what's brought to the kitchen from the garden and the recipes from the ideas of the artists cooking and visitors to the gallery.

Coinciding with Document 5 ([www.docfilmfest.org.uk](http://www.docfilmfest.org.uk)), the bustling international human rights film festival, the space will become a busy meeting space, a framework for discussion, a catalyst for dialogue, blurring the distinctions between growers, artists, film makers and audience. Wider than this, we intend for the gallery as a public space to bring people together and become a creative hub with an openness to research and exploration founded on camaraderie with good quality food as its base. This kind of social space is just as important to emerging artists as it is to those looking to view things afresh.

People will have the opportunity to exchange produce and seeds, share information about growing food and on community food projects. We will enable this to happen through inviting groups and individuals to talk, the screening of videos, and the display of information & ideas...

For many people, artists included, green issues are a growing concern, but the reality still is that too many of us have little money for good food. Whereas locally sourced, fresh, organic vegetables utilising local expertise and knowledge could be plentiful, only requiring a catalyst, one that hopefully will ripple outwards.

We need you to get involved by: coming along, bringing your ideas, offering your knowledge to share with others, pledging to bring along your excess produce, lending equipment and materials, cooking a wholesome meal or baking fresh bread.

If you think you might be able to help out, or if you would simply like to know more, please contact us at: [brothmix@googlemail.com](mailto:brothmix@googlemail.com)



Culture  
& Sport

inter/media

*Broth Mix is a collective, initiated by Alex Wilde & Leigh French*





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## Pledge Your Veg

Please pledge your excess veg & herbs that you hope to bring along for the cooks' ingredients, and let's hope for a late, great summer.

## Set aside for October

To ensure a variety of veg from across the growing seasons, if you can, please freeze suitable produce to bring along in October.

*Please start bringing your veg for the larder from Monday 8th October.*

## Cooks Wanted

Want to come and cook your favourite soup or to freshly bake bread?

## Equipping the Cafe & Kitchen

Can you help by loaning or donating equipment? This includes breadmakers, tea urns, heated soup tureens, fridge-freezer...

## Seed Swap

Bring your flower and vegetable seeds to swap!

If you think you might be able to help out, or if you would simply like to know more, please contact us at: [brothmix@googlemail.com](mailto:brothmix@googlemail.com)



[www.brothmix.org](http://www.brothmix.org)

